

Ramblers Preston Group Walks Program October 2010 to February 2011

Date	Brief description	Meet At	Start Point	Contact Details	Distance Grade
Sun Oct 3rd 2010	Dunsop Head	9am Market Street West Preston	SD661501 Dunsop Bridge CP	Colin 01772 423991	10 miles Grade: M
Wed Oct 6th 2010	Rimington Bridge	11am Meet at start point	SD826488 Gisburn Cattle Market, A59	Frank P 01772 865578	7.5 miles Grade: L
Sun Oct 17th 2010	Ribbleway - Gisburn to Clitheroe	9am Market Street West Preston	SD741420 Clitheroe Station CP	David T 01772 721874	12 miles Grade: M
Wed Oct 20th 2010	Oswaldtwistle Moor	11am Meet at start point	SD751231 Clough Head Quarry CP	Mike W 01772 727540	6.5 miles Grade: L
Sun Oct 31st 2010	Dutton	1:00pm Meet at start point	SD649353 Ribchester Car Park	Colin P 01772 423991	5.5 miles Grade: L
Wed Nov 3rd 2010	Irwell Vale	11am Meet at start point	SD778215 Helmshore Museum CP	Bernard P 01772 423047	6 miles Grade: L
Sun Nov 7th 2010	Great Hill and Spitlers Edge	9am Market Street West Preston	SD628213 Brinscall Baths CP	Roger B 01254 812498	11 miles Grade: M
Wed Nov 17th 2010	Parsonage Reservoir and York	11am Meet at start point	SD715322 Lay-by, Old Blackburn Road, opposite Dean Clough Reservoir	Mike W 01772 727540	7 miles Grade: L
Sun Nov 21st 2010	Holmeswood and Mere Sands	9am Market Street West Preston	SD455188 Sollom	Colin 01772 423991	12 miles Grade: M
Sun Nov 28th 2010	Stepping Stones & Vernon's Lodge	1:30pm Meet at start point	SD538265 The Causey, opposite Bee Lane, Leyland Road, Penwortham	Bernard P 01772 423047	5 miles Grade: L
Wed Dec 1st 2010	Read Heights	11am Meet at start point	SD741361 Spring Wood CP	Donald B 01772 862749	6 miles Grade: L
Sun Dec 5th 2010	Ribbleway and Cow Hill	9:30am Meet at start point	SD538286 Avenham Park Cafe	John W 01772 721874	13 miles Grade: M
Wed Dec 15 th 2010	Dallam Deer Park	11am Meet at start point	SD498799 Mill CP, Beetham	Jim G 01772 716615	6 miles Grade: L
Sun Dec 19th 2010	St. Michael's on Wyre	10am Market Street West Preston	SD421408 Little Eccleston - Lay-by near Cartford Bridge	Barry R 01772 465578	10 miles Grade: M

Date	Brief description	Meet At	Start Point	Contact Details	Distance Grade
Sun Dec 26th 2010	Anglezarke Moor	11am Meet at start point	SD628214 Brinscall Baths CP	David K 01772 312027	9 miles Grade: M
Wed Dec 29th 2010	Glasson and Galgate	11am Meet at start point	SD457561 Conder Green Picnic Site CP	Bob S 01772 774159	6 miles Grade: L
Sun Jan 2nd 2011	Fairy Steps and Arnside	10am Market Street West Preston	SD471759 Eaves Wood CP	David T 01772 721874	9 miles Grade: M
Wed Jan 5th 2011	Lathom chapel and Cromwell's Stone	11am Meet at start point	SD439108 Burscough CP, Platts Lane, A59	Bernard P 01772 423047	6 miles Grade: L
Sun Jan 16th 2011	Spire Hill	10am Market Street West Preston	SD650352 Ribchester CP	Bob S 01772 774159	10 miles Grade: M
Wed Jan 19th 2011	Preesall and embankment	11am Meet at start point	SD346485 Knott End CP, rear of cafe	Kath F 01772 717277	5.5 miles Grade: L
Wed Feb 2nd 2011	Pudding Pie Nook	11am Meet at start point	SD561365 Stag's Head, Goosnargh	Frank P 01772 865578	5.5 miles Grade: L
Sun Feb 6th 2011	Knot End	10am Market Street West Preston	SD388500 Fluke Hall	Barry R 01772 465578	10 miles Grade: M
Sun Feb 20th 2011	Turton Moor	9am Market Street West Preston	SD666215 Ryal Fold, Tockholes	David K 01772 312027	11 miles Grade: M
Sun Feb 27th 2011	Penwortham Church & Howick Cross	1:30pm Meet at start point	SD525279 Hill Road off A59, Penwortham – outside cemetery	Bernard P 01772 423047	5 miles Grade: L

Walk Grades: E - Easy L - Leisurely M - Moderate S - Strenuous

Suitable footwear and gaiters are essential as areas can be very muddy and waterlogged. You may wish to bring waterproofs bearing in mind the Lancashire weather. Please note that for health and safety reasons, leaders may refuse to accept participants who in their opinion are unfit or inadequately equipped.

For the longer walks and those starting before lunch it is suggested a picnic lunch is taken. Always take a drink, e.g. flask of coffee, soft drink, water.

NOTE – We use the side road Great Shaw Street next to the NCP car park at Market Street West for car sharing, as it eases problems on parking at our start points and helps people who don't have transport. So if at all possible can you please use this facility.

For the most up-to-date information, visit us on the Web at www.prestonra.co.uk/prawalks.html

For further details please contact us via the contact us page at www.prestonra.co.uk/pracontaktus.html.

Come and enjoy the hidden beauties of the Preston countryside and keep the paths open for the future.

Non - members of Ramblers welcome!